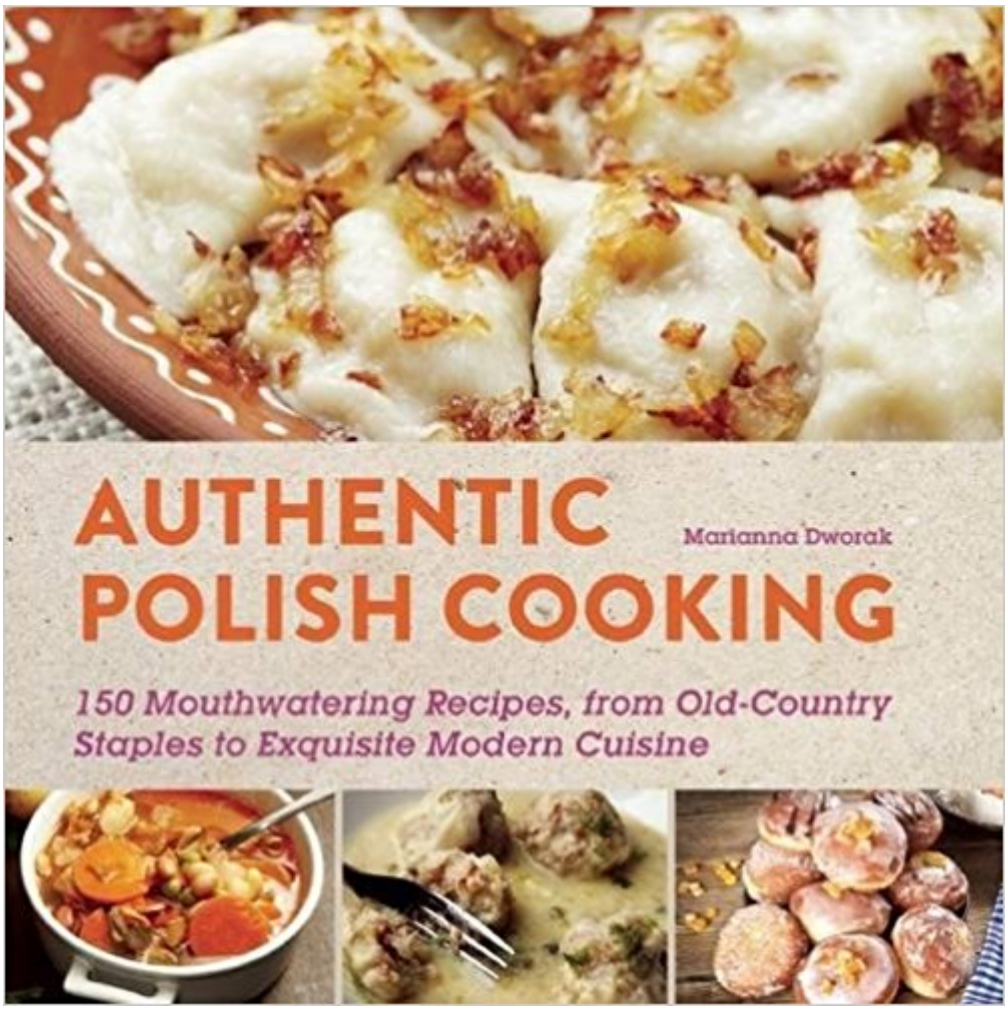
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Authentic Polish Cooking: 120 Mouthwatering Recipes, From Old-Country Staples To Exquisite Modern Cuisine



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Synopsis

Polish cuisine is hearty and filling, and though some may think the Polish diet is all meat and potatoes, that is far from the truth. With its rich soups, innumerable salads and side dishes, tasty fish and vegetarian meals, colorful and delectable desserts, and yes, meat and potato fare, this cuisine consists of a wide variety of dishes incorporating a broad selection of cultural and regional influences that will have you licking your lips.Organized by course, this cookbook features more than one hundred recipes, including beet soup, cucumber salad, potato pancakes, HunterÃ¢â ¬â„¢s Stew, pork and rice stuffed cabbage leaves, traditional “babkaÃ¢â ¬Â• cake, and of course, pierogies! Numerous recipes for veal, chicken, kielbasa sausage, pork, and beef dishes make this a great and thorough cookbook that is a fantastic addition to any kitchen.With easy-to-follow instructions for simple as well as more intricate dishes, a section on traditional holiday meals, estimated cooking times, and suggestions for healthy ingredient substitutions, this cookbook will teach anyone how to cook delicious Polish food. For those wishing to re-create their grandmotherÃ¢â ¬â„¢s favorite recipe, or those wanting to experience a new cuisine, Authentic Polish Cooking will bring a bit of Eastern Europe to your home.Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. WeÃ¢â ¬â„¢ve been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

Book Information

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Customer Reviews

Marianna Dworak was born and raised in Warsaw, Poland, and has been a foodie all of her life, learning all about Polish cooking from her mother and grandmothers. She now lives in the United States, where she writes, edits, and cooks.

A great assortment of recipes,old from my Polish heritage and new ones to try. Want my family to experience their heritage as well. Recipes easy to follow, ingredients readily available.

I work with a guy from Poland. I bought this book to cook for him. Everything I have made him so far he really likes and says it’s close to how its made at home.

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